



BREAKFAST MENU

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EGG SANDWICHES

Available Any Style. Choose from a Variety of Breads, Bagels, and Rolls

Egg Sandwich	1 egg \$3.95 2 eggs \$4.75
Egg Whites with Veggies Sandwich: Onions, Peppers & Tomatoes	\$6.45
Western Omelet or Meat Lover's Omelet Sandwich	\$6.95
Cheese Omelet Sandwich	\$5.95
Egg Whites Sandwich	\$5.95

Extras: Tomato +\$0.75 • Extra Egg+\$1.00
• Avocado +\$1.95 • Hash Browns or Breakfast Potatoes +\$2.95 • Egg Whites +\$1.00
• Bacon, Ham, or Sausage +\$2.25
• Turkey Bacon, Turkey Sausage, Esposito's Chicken Sausage +\$2.95

Cheese Choices: American +\$1.00, Swiss +\$1.00, Muenster +\$1.00, Cheddar +\$1.00, Pepper Jack +\$1.00, Provolone +\$1.00, Mozzarella +\$1.00, Fresh Mozzarella +\$1.75

Bread Choices: French Plain Roll, Seeded French Roll, Brioche Roll, Seeded Bread Roll, White Olive, Sliced White, Sliced Whole Wheat, Sliced Seeded Rye, Sliced Pumpernickel, Semolina Hero +\$1.00, French Hero +\$1.00, Ciabatta Hero +\$1.00, 9 Grain Hero +\$1.00, Gluten Free Bread +\$2.00 Plain Wrap +\$1.00, Spinach Wrap +\$1.00, Whole Wheat Wrap +\$1.00, Sun-dried Tomato Wrap +\$1.00



405 West 23rd Street
New York, NY 10011

EGGS & OMELETS

Served with Home Fries & Toast, Roll or Bagel

Two Eggs (Any Style)	\$7.95
Cheese Omelet	\$8.95
Meat Lover's Omelet	\$10.95
Western Omelet: Ham, Peppers, Onions	\$9.95
Greek Omelet: Feta, Tomatoes, Onions	\$9.95
Healthy Egg White Omelet: Onions, Peppers, Tomatoes	\$9.95

Extras: Tomato +\$0.75 • Extra Egg +\$1.00
• Avocado +\$1.95 • Hash Browns or Breakfast Potatoes +\$2.95 • Egg Whites +\$1.00
• Bacon, Ham, or Sausage +\$2.25
• Turkey Bacon, Turkey Sausage, Esposito's Chicken Sausage +\$2.95

Cheese Choices: American +\$1.00, Swiss +\$1.00, Muenster +\$1.00, Cheddar +\$1.00, Pepper Jack +\$1.00, Provolone +\$1.00, Mozzarella +\$1.00, Fresh Mozzarella +\$1.75

Bread Choices: French Plain Roll, Seeded French Roll, Brioche Roll, Seeded Bread Roll, White Olive, Sliced White, Sliced Whole Wheat, Sliced Seeded Rye, Sliced Pumpernickel, Semolina Hero +\$1.00, French Hero +\$1.00, Ciabatta Hero +\$1.00, 9 Grain Hero +\$1.00, Gluten Free Bread +\$2.00 Plain Wrap +\$1.00, Spinach Wrap +\$1.00, Whole Wheat Wrap +\$1.00, Sun-dried Tomato Wrap +\$1.00



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BREAKFAST WRAPS

Egg Whites, Spinach, Mushrooms & Feta on Spinach Wrap	\$7.25
Egg Whites, Peppers, Onions & Mozzarella on Whole Wheat Wrap	\$7.25
Egg Whites Tomato, Broccoli & Mushroom	\$7.25
Scrambled Eggs, Ham & Swiss Cheese on Whole Wheat Wrap	\$6.95
Florentine Wrap Eggs, Mushroom, Spinach, Swiss	\$6.95
Farmers Favorite: 2 Egg Wrap with American Cheese, Esposito's Chicken Sausage, Peppers, Onions and Roasted Potatoes	\$7.95

Cheese Choices: American +\$1.00, Swiss +\$1.00, Muenster +\$1.00, Cheddar +\$1.00, Pepper Jack +\$1.00, Provolone +\$1.00, Fresh Mozzarella +\$1.75, Brie Cheese +\$1.75

BREAKFAST GRIDDLES

Pancakes, French Toast, Belgian Waffles	\$6.95
Chocolate Chip Pancakes	\$6.95

Extra: 2 Eggs +\$2.50 • Fresh Fruit +\$2.95
• Bacon, Ham, or Sausage +\$2.25
• Turkey Bacon, Turkey Sausage, Esposito's Chicken Sausage +\$2.95



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AVOCADO TOAST

Avocado Toast: Mashed Avocado, EVOO, Kosher Salt, Lemon Squeeze, Tajin	\$7.99
Caprese Avocado Toast: Mashed Avocado, EVOO, Black Pepper, Cherry Tomato, Fresh Mozzarella Balls	\$8.99
Lox Avocado Toast: Mashed Avocado, EVOO, Lox, Sliced Tomato, Cucumber, Red Onion, Capers, Dill	\$11.95
Eggy Avocado Toast: Mashed Avocado, EVOO, Kosher Salt, Black Pepper, Sliced Hard Boiled Egg, Tajin	\$8.99

FRESHLY BAKED BAGELS

\$1.95 each | 1/2 Dozen \$11.50 (1 Free)
| 1 Dozen \$22.95 (2 free)

Plain • Poppy Seed • Sesame • Everything • Pumpernickel
• Onion • Cinnamon Raisin • Whole Wheat

ADD SPREADS

Butter or Jelly	+\$0.50
Plain Cream Cheese	+\$2.25
Scallion or Vegetable Cream Cheese	+\$3.25
Strawberry Cream Cheese	+\$3.25
Walnut Raisin Cream Cheese	+\$3.25
Lox Cream Cheese	+\$4.25
Tofu Cream Cheese	+\$2.25
Hummus	+\$3.75
Albacore Tuna	+\$6.25
Chicken Salad	+\$6.25
Egg Salad	+\$4.75
Sliced Nova Scotia Lox with red onion, tomato, and capers	+\$13.75

CROISSANTS, DANISH'S & SCONES

CROISSANTS

Plain Croissant **\$3.25**
 Chocolate Croissant **\$3.75**

DANISH'S

Cheese, Apricot, Blueberry, Wild Berry **\$3.75**

SCONES

Chocolate Chip, Blueberry, Cranberry **\$3.75**

FRESHLY BAKED MUFFINS

Jumbo Muffins **\$3.25**

Corn • Blueberry • Cherry • Peach • Apple
 Banana Walnut • Carrot • Oat Bran • Chocolate Chip

COFFEE BAR

12OZ/16OZ

American Coffee or Hot Tea	\$2.75/\$3.25	Cappuccino / Latte	\$4.45/\$4.90
Decaf / Flavored Coffee	\$3.25/\$3.75	Café Au Lait	\$3.45/\$3.95
Assorted Herbal Teas	\$3.25/\$3.75	Café Mocha	\$4.75/\$5.25
Hot Chocolate	\$3.75/\$4.25	Macchiato: Made with Espresso and a Splash of Steamed Milk	\$3.50
Espresso	\$2.00/\$2.75	Cortado: Double Espresso with Equal Parts Steamed Milk	\$3.95
Red Eye	\$2.50 /\$3.25		
Café Americano	\$3.25/\$3.75		
Iced Coffee or Iced Tea	\$3.75/\$4.25	Extra Shot	+\$0.95
Iced Latte	\$4.50/\$4.95	Add Syrup	+\$0.75
Iced Mocha	\$5.25/\$5.75	Hazelnut, Vanilla, Peppermint, Caramel, Sugar Free Vanilla	
Iced Americano	\$3.75/\$4.25		



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JUICE BAR

JUICES

16oz \$8.45 20oz \$9.45

- Green Giant** – Kale, Spinach, Ginger, Lemon, Cucumber, Celery & Green Apple
- Zealander** – Kiwi, Spinach, Pineapple, Apple & Lime
- Immune Booster** – Grapefruit, Orange, Pineapple & Ginger
- Refreshing Kale** – Kale, Apple, Lemon & Watermelon
- Good Morning** – Red Apple, Pineapple, Carrot, Orange & Mint
- South Beach** – Mango, Pineapple, Red Apple, Lime & Mint
- Detox Power** – Carrot, Apple, Cucumber, Lemon & Ginger
- Angelino** – Beets, Red Apple, Lemon, Lime & Ginger
- System Cleansing** – Wheatgrass, Spinach, Beet, Celery & Carrot
- Sweet Green** – Kale, Pineapple, Green Apple & Mint
- I Love Spirulina** – Mango, Banana, Spirulina & Green Apple

ORGANIC ACAI SUPERFRUIT

- Regular Acai Bowl **\$12.95**
Base: Organic Acai, Banana & Almond Milk
Toppings: Banana, Pineapple, Kiwi & Granola
- Peanut Butter Acai Bowl **\$12.95**
Base: Organic Acai, Banana, Peanut Butter & Almond Milk
Toppings: Banana, Peanut Butter & Granola
- Green Acai Bowl **\$13.25**
Base: Organic Acai, Kale, Spinach, Banana & Almond Milk
Toppings: Banana, Kiwi & Granola
- Hearty & Healthy Acai Bowl **\$13.95**
Base: Organic Acai, Peanut Butter, Banana & Almond Milk
Toppings: Banana, Strawberry, Blueberry, Peanut Butter & Granola

IMMUNE BOOSTERS

- Ginger Shot 2 oz **\$2.99**
- Ginger + Lemon Shot 2 oz **\$2.99**
- Wheatgrass Shot 2 oz **\$3.99**

SMOOTHIES

16oz \$8.95 20oz \$9.95

- Creamy Strawberry** – Strawberry, Apple Juice, Banana & Frozen Coconut Milk
- Passion Fashion** – Passion Fruit, Raspberry, Pineapple, Banana & Apple Juice
- Very Berry** – Strawberry, Raspberry, Blueberry, Cranberry Juice & Honey
- Peanut Butter Split** – Peanut Butter, Banana, Frozen Coconut Milk & Almond Milk
- Power Protein** – Blueberry, Strawberry, Banana, Whey Protein, Almond Milk & Honey
- Green Day** – Spinach, Mango, Pineapple, Banana & Apple Juice
- Mango Dream** – Mango, Strawberry, Frozen Coconut, Orange Juice & Soy Milk
- Sunny Delight** – Strawberry, Banana, Orange Juice & Agave
- Pure Acai Energy Berry** – Organic Acai, Banana, Strawberry, Apple Juice & Honey
- Smooth Acai Berry** – Organic Acai, Banana, Coconut Milk, Almond Milk & Honey
- Antioxidant Berry** – Organic Acai, Blueberry, Banana, Pomegranate Juice & Honey

FRESH COCONUTS (SEASONAL)

- Fresh Coconut Water **\$6.95**
- Coconut Love** – Fresh Coconut Juice, Coconut Meat, Mango & Banana **\$9.75**
- Green Coconut** – Kale, Spinach, Fresh Coconut Juice, Coconut Meat & Banana **\$9.75**
- Coco Tropical Berry** – Fresh Coconut Juice, Coconut Meat, Pineapple, Watermelon & Banana **\$9.75**
- Coconut Acai** – Fresh Coconut Juice, Coconut Meat, Acai Berry & Banana **\$10.95**



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